



Non-Surgical Orthopaedics, P.C. is one of Atlanta's premier non-surgical orthopaedic practices and the industry leader for the non-invasive treatment of back pain, neck pain and other orthopaedic injuries.

Regenerative Medicine

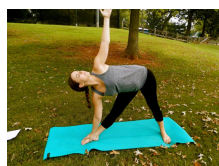


Now that Fall is here, isn't it time you come in to see our physicians and learn more about regenerative medicine? Regenerative medicine options are perfect for anyone suffering with chronic pain due to a past injury, or even due to tendonitis or arthritis. We have many different options available and our physicians can help you decide which is right for you.

Click to learn more about our regenerative medicine options here:

- Prolotherapy
- Platelet Rich Plasma (PRP) Injections
- Intradiscal PRP Injections
- Bone Marrow Stem Cell Therapy
- Amniotic Stem Cell Injections

Yoga Poses For Low Back Pain



Yoga is one of the oldest forms of exercise and relaxation. Signs of yoga's presence can be seen in ancient Shamanism and have been found on artifacts dating back to 3000 B.C. Yoga has retained in popularity to this day, and many people use it as a way to ease and prevent chronic pain. The following pose sequence can be used to combat low back pain, while also improving strength and flexibility.

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Schedule an Appointment!

To schedule an appointment please call 770-421-1420

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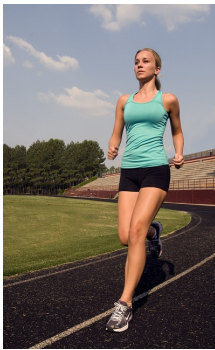
Tips To Live More Stress-Free



Whether it is school, work, or a major life event, stressful situations can cause both our mental and physical health to suffer. Anxiety, depression, even cardiovascular disorders and infectious diseases, can be caused or intensified by stress. In 2011, the American Psychological Association reported that 22% of Americans experienced extreme stress. But there are things you can do to reduce stress and, in turn, live a happier life.

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6 Surprising Causes of Low Back Pain



Back pain is something that most people will experience at some point in their lives. It can be due to overuse, age or a chronic condition. Something as simple as poor posture or everyday lifestyle choices can affect back health and comfort. Identifying any of these factors in your own life can help reduce both present back pain and your chances of ever experiencing it at all.

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Regenerative Medicine: Prolotherapy



Prolotherapy is one of numerous nonsurgical treatments for tissue repair and pain management that is administered at Nonsurgical Orthopaedics, PC. The full name for this treatment is "proliferation therapy", and is considered regenerative healing because it causes your body to ultimately heal itself naturally.

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Meet Our Physicians:



[Arnold J. Weil, MD](#)
[Anthony R. Grasso, MD](#)

Meet Our Fellow:

[Ikram Malik, M.D.](#)

**Visit us at our office in Canton, Georgia.
Call 770-421-1420 for an appointment!**

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Try it FREE today.

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