



**NON-SURGICAL
ORTHOPAEDICS, P.C.**
Specializing in Spine Care & Pain Management



Practice News from Non-Surgical Orthopaedics, P.C.

Non-Surgical Orthopaedics, P.C. is one of Atlanta's premier non-surgical orthopaedic practices and an industry leader for the non-invasive treatment of back pain, neck pain and other orthopaedic injuries.

DIAGNOSING & TREATING SHINGLES

Shingles is one form of an infection with a virus called varicella-zoster. Shingles is also known as "herpes zoster," because the virus belongs to the herpes virus family. The virus that causes shingles is not the same virus that causes the sexually transmitted infection genital herpes. This virus is also the cause of the disease chicken pox, which is usually contracted in childhood but can be contracted at any age. After a person has been infected with the varicella-zoster virus and recovered from the primary infection, the virus can enter a state of dormancy. In its dormant state, the virus remains present in nerves. In some cases, the virus may come back out of dormancy and cause the symptoms of shingles.



Shingles occurs in people who have been infected with the varicella-zoster virus and previously contracted chicken pox. Occasionally, shingles can also occur in people who have received chicken pox immunizations and never became ill with the chicken pox.

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TREATING GLUTEUS MAXIMUS PAIN

Pain in the gluteus maximus muscle may be caused by muscle strain, a

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performing
Prolotherapy for acute
& chronic pain.**

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gluteal tear or a type of nerve pain called sciatica. The treatment is different depending on the cause and the severity of the gluteal injury.



A mild to moderate gluteus maximus strain can be treated like any other muscle strain injury. If pain and swelling occurs, ice can be used to reduce the swelling. Ice should be applied for 10 to 15 minutes to the affected area every few hours. You can also take non-steroidal anti-inflammatory drugs (NSAIDs) to help with the pain and inflammation; however, if this is not enough.....

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20 Years Of Excellence



As we begin our 20th year at Non-Surgical Orthopaedics P.C., we would like to take this opportunity to thank all those who have helped make us a success. For our loyal referring physicians and providers, we wish you a happy new year and thank you for your never-ending support. We would also like to recognize our outstanding staff and in 2013 we will continue to provide the best customer service around.

At Non-Surgical Orthopaedics, P.C. we treat problems related to the back and neck such as herniated discs and sciatica. We also treat other orthopaedic conditions including tendonitis, fibromyalgia, arthritis and repetitive motion injuries. Our goal is to eliminate pain with a strong emphasis on injury prevention.

Non-Surgical Orthopaedics P.C., is committed to providing outstanding customer service and professional patient care. Please visit our website for more information at:

www.lowbackpain.com

Georgia Institute for Clinical Research, L.L.C

Our [Clinical Research Department](#) is participating in clinical trials for the following conditions:

- Osteoarthritis (hips and knees)
- Low back pain
- Rheumatoid Arthritis
- Acute and chronic pain of any type
- Opioid induced constipation (OIC)
- Diabetic neuropathy

Meet Our Physicians



[Arnold J. Weil, M.D.](#)
[Anthony R. Grasso, M.D.](#)

Meet Our 2012 Fellow



[Anushka Perera, M.D.](#)

Meet Our 2012 Fellow



[Calvin Damper, D.O.](#)

Appointments

To schedule an appointment please call 770-421-1420

For important appointment information please [click here](#)

- Muscle spasms



We currently have a variety of study opportunities available for patients and others interested in participating in clinical trials. Typical requirements for participation in these studies include the criteria outlined below:

- Males / Females, over the age of 18
- No diagnosis of cancer within the past 5 years
- No diagnosis of gout
- No history of seizure disorder or epilepsy
- No history of gastric bypass surgery
- Willingness to convert current pain relief regimen to an Investigational Product

All study-related care is provided including physical exams, lab services, and study medication. Compensation for participation is also available.

Please contact us if you are interested in learning more about these clinical research opportunities at 770-421-2030.

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Non-Surgical Orthopaedics, P.C. | 335 Roselane Street | Marietta | GA | 30060