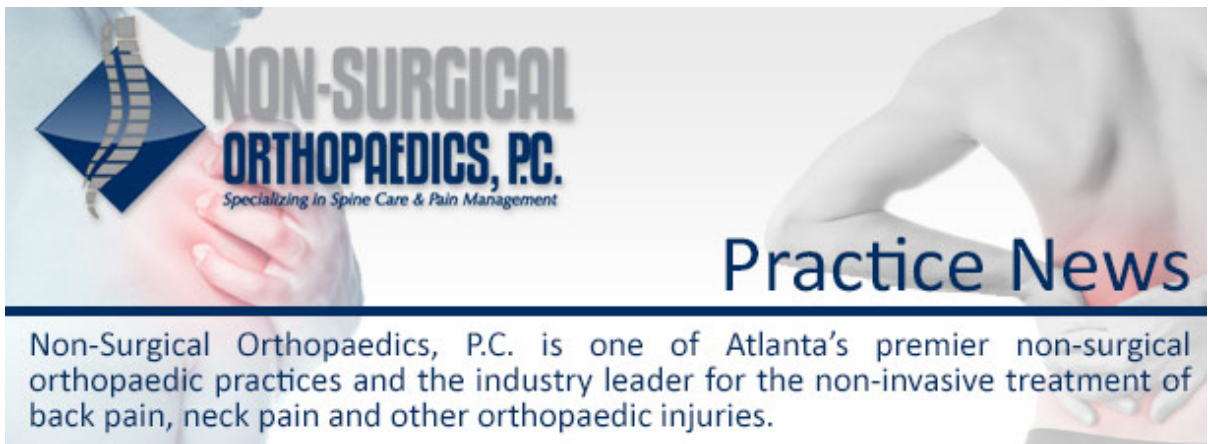


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**REQUEST APPOINTMENT**



**NON-SURGICAL ORTHOPAEDICS, P.C.**  
*Specializing in Spine Care & Pain Management*

## Practice News

Non-Surgical Orthopaedics, P.C. is one of Atlanta's premier non-surgical orthopaedic practices and the industry leader for the non-invasive treatment of back pain, neck pain and other orthopaedic injuries.

**Happy Holidays!**

**WISHING YOU**  
*& your family*

**\* A VERY HAPPY HOLIDAY \***

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## 7 Ways To Treat Foot Pain At Home



Foot pain is a common complaint among patients visiting their doctors. Sometimes this pain is due to exercise and other times it is from general wear and tear. The first step in getting better is to find out what kind of foot pain you are having, and then you can start the process of healing. We have selected the most effective at home treatments to help your feet feel better...

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## How Tennis Elbow Benefits From Stem Cell And PRP Therapy



Pain from orthopaedic conditions, especially tennis elbow which is highlighted in this video, cause people to receive invasive treatments like surgery. Fortunately this is changing and new regenerative stem cell treatments like platelet rich plasma therapy "PRP" are available. Now instead of going under the knife patients can receive one of these injections and start to feel better and heal the injury...

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## 10 Ways To Treat And Prevent Arthritis Of The Knee



Osteoarthritis of the knee affects more than 3 million people in the United States each year. Although OA of the knee cannot be cured, there are many treatment options to help ease the pain associated with OA and help you get back to functioning normally. Here we go through a variety of treatment and prevention options, some that you may be familiar with and some that may be new options you have not tried before...

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## Prolotherapy Treatment For Chronic Pain



Pain is considered chronic when it has been present for at least 3 months. For many individuals pain can persist for months or even years. This can have a deteriorating effect of the quality of life. Learn about prolotherapy treatment and whether or not it can help with your chronic pain...

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## Meet Our Physicians:



[Arnold J. Weil, MD](#)

[Anthony R. Grasso, MD](#)

[David D. Tran, MD](#)

[MaryAnn Thrasher, NP](#)



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