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Non-Surgical Orthopaedics, P.C. is one of Atlanta's premier non-surgical orthopaedic practices and the industry leader for the non-invasive treatment of back pain, neck pain and other orthopaedic injuries.

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3 Common Causes of Knee Pain



Knee pain is a manageable condition that millions of Americans suffer from every day. Finding an Orthopaedic physician is the first step in managing your pain. There are many treatments available to patients, and a physician can help you find out what conditions may be triggering problems and making your knee pain worse. Here are three of the most common reasons patients suffer from knee pain...

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Tips For Maintaining Healthy Joints



Joint pain can affect more than the elderly. Once joint pain starts it is important to do your best to prevent further problems from developing. This blog is dedicated to both those who already are dealing with joint pain, and those who are looking to prevent joint pain from happening in the future. We hope you find our tips helpful and be sure to add in your favorite tips for healthy joints in the comments below...

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Tender knots in muscles that are causing a patient general muscle pain when touched and aching in the area surrounding the knot are referred to as a 'trigger point.' If you have ever given a massage you may have noticed that sometimes muscles feel tighter in certain areas, normally where someone is complaining of soreness, and you may even be able to feel a knot under the surface of the skin...

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Work-Related Repetitive Motion Injuries: Causes, **Treatments and Prevention**



Repetitive motion injuries are one of the most common Workers' Compensation injuries. Often these injuries happen to those who do factory or assembly line work where they are doing the same thing over and over, or by using a tool that causes vibrations or shaking. Repetitive motions can lead to carpal tunnel, neck, back, foot, knee or shoulder pains. Treating a repetitive motion injury when it first begins is key to ensuring it does not lead to a chronic problem like arthritis...

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Meet Our Physicians:



Arnold J. Weil, MD Anthony R. Grasso, MD David D. Tran, MD MaryAnn Thrasher, NP















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