



Practice News

Non-Surgical Orthopaedics, P.C. is one of Atlanta's premier non-surgical orthopaedic practices and the industry leader for the non-invasive treatment of back pain, neck pain and other orthopaedic injuries.

Intradiscal Platelet Rich Plasma Injections



Do you have low back pain? Did you know that Non-Surgical Orthopaedics P.C. is one of the first practices in Georgia to offer lumbar intradiscal PRP injections for patients suffering with low back pain that stems from the intervertebral discs?

Discogenic pain often originates from a damaged vertebral disc, sometimes resulting from degenerative disc disease. This can occur as our bodies age naturally. This regenerative medicine treatment draws and processes the patient's own blood and concentrates the growth factors and cytokines in the platelets which gets re-injected into the disc.

[Find out more by clicking here](#)

Refer A Friend, Be Entered To Win!

We are still picking a winner every month. All you have to do is refer someone to our office and you are automatically entered to win 2 Braves tickets!



Knee Pain Prevention

Schedule an Appointment!

To schedule an appointment please call 770-421-1420

[REQUEST APPOINTMENT](#)

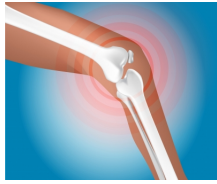
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Knee pain can make it difficult to walk, exercise, and live your life the way you want. Once you have knee pain, it's important to work with an orthopaedic physician to help you manage the pain. For those of us who are not yet dealing with knee pain, prevention is key.

Here are a few tips to help you reduce the risk of developing that pesky knee pain in the first place.

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Knock Out Your Low Back Pain With These Tips



Looking for some new ways to help relieve that low back pain? 80% of people will suffer with low back pain at some point in their lives, which makes back pain one of the symptoms most complained about at the doctor. For some

low back pain may go away after only a few weeks, but for the unlucky rest of us, low back pain may become chronic. Here are a couple of tips that offer relief.

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Tips For Quick Stress Relief



Looking for a way to de-stress quick? If you are feeling stress due to chronic pain, work, children, or any life event that has you spiraling into a panic attack, try our tips to knock out that stress, fast. Seems obvious but sometimes it helps to get up and take a break

from whatever is causing you the stress in the first place. This will give your system a chance to breath and relax. Consider taking a quick walk around your block or building, or just stand outside to get some fresh air.

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Symptoms And Treatment For Whiplash Injuries



Whiplash occurs when the head moves rapidly forward to backward, or upright to either side. This can damage soft tissues and bone structure surrounding the neck. Most people complain of whiplash after a car accident, and

it's important to remember that even a small bump can cause tremendous problems for the neck. This is not a life threatening condition, but the person who experiences whiplash may be in for a period of disability and it can cost a lot of money to fix.

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Meet Our Physicians:



Arnold J. Weil, MD
Anthony R. Grasso, MD

Meet Our Fellow:



Yolanda Scott, M.D.

In the month of August we are welcoming two new fellows to our team.

Ikram Malik, M.D.
Omobonike Olowosuke, D.O.

**Visit us at our office in Canton, Georgia.
Call 770-421-1420 for an appointment!**

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Try it FREE today.

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