



## Practice News from Non-Surgical Orthopaedics, P.C.

Non-Surgical Orthopaedics, P.C. is one of Atlanta's premier non-surgical orthopaedic practices and an industry leader for the non-invasive treatment of back pain, neck pain and other orthopaedic injuries.

### MANAGING TRIGGER-POINT PAIN THROUGH MASSAGE

Anyone who's ever had a knot in his or her back, shoulders or neck dreads the feeling: a hot, splintery pain that gets tighter and tighter throughout the day. Sometimes, you can even feel that small, crackling spot in your muscles that has become constricted, tugging on the rest of your back and causing stubborn discomfort.



We offer a variety of solutions for this kind of trouble, including localized injections that can give days or weeks of relief, but massage is also an excellent way to manage those trigger point knots.

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### THE SURPRISING TRUTH ABOUT YOUR BACK

Did you know that when you were born, you had 33 vertebrae (the bones that make up your spinal column), but now, you have only 24? That's because the separate bones that make up the sacrum and the coccyx, down at the very bottom of our spine, fuse together as we grow. The back is an amazing piece of nature's engineering, and stepping back to appreciate its many marvels is important for understanding the body as a whole.

**Our Doctors are now performing Prolotherapy for acute & chronic pain.**

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### Back Facts

Did you know that according to medical professionals, you have not one but two different skeletons, working together? Your skull, neck, back and pelvis form what's called the axial skeleton, while your arms and legs form the appendicular skeleton. The spine of your axial skeleton is actually made up of five sections. From bottom to top, they are .....

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### 20 Years Of Excellence



At Non-Surgical Orthopaedics, P.C. we treat problems related to the back and neck such as herniated discs and sciatica. We also treat other orthopaedic conditions including tendonitis, fibromyalgia, arthritis and repetitive motion injuries. Our goal is to eliminate pain with a strong emphasis on injury prevention. Our physicians are Board Certified and experts in their field.

Non-Surgical Orthopaedics P.C., is committed to providing outstanding customer service and professional patient care. Please visit our website for more information at:

[www.lowbackpain.com](http://www.lowbackpain.com)

### Georgia Institute for Clinical Research, L.L.C

Our [Clinical Research Department](#) is participating in clinical trials for the following conditions:

- Osteoarthritis (hips and knees)
- Low back pain
- Rheumatoid Arthritis
- Acute and chronic pain of any type
- Opioid induced constipation (OIC)
- Diabetic neuropathy
- Muscle spasms



We currently have a variety of study opportunities available for patients and others interested in participating in clinical trials. Typical requirements for participation in these studies include the criteria outlined below:

- Males / Females, over the age of 18

### Meet Our Physicians



[Arnold J. Weil, M.D.](#)  
[Anthony R. Grasso, M.D.](#)

### Meet Our 2012 Fellow



[Anushka Perera, M.D.](#)

### Meet Our 2012 Fellow



[Calvin Damper, D.O.](#)

### Appointments

To schedule an appointment please call 770-421-1420

- No diagnosis of cancer within the past 5 years
- No diagnosis of gout
- No history of seizure disorder or epilepsy
- No history of gastric bypass surgery
- Willingness to convert current pain relief regimen to an Investigational Product

For important appointment information please [click here](#)

All study-related care is provided including physical exams, lab services, and study medication. Compensation for participation is also available.

Please contact us if you are interested in learning more about these clinical research opportunities at 770-421-2030.

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