



**SPOTLIGHT On PRP via
Bone Marrow Aspirate Concentrate (BMAC)**

Non-Surgical Orthopaedics is now offering PRP via BMAC, a procedure similar to our PRP procedure but with bone marrow concentrate. Our own bone marrow contains bioactive proteins that help control the healing process. In this procedure, we use special equipment to draw and spin bone marrow in a centrifuge. This process produces a concentrated solution that is injected into your injury site using fluoroscopy. This process is rich in regenerative cells that help heal your injury site.

Bone marrow aspirate concentrate uses your own bone marrow that is processed to help minimize orthopaedic-related pain. It is completely safe and an effective form of pain management treatment.

[Click here to view further information on PRP via BMAC.](#)

Enter To Win An Ipod Shuffle On Facebook!



Get involved with us on Facebook and win! Once we receive 750 likes, Non-Surgical Orthopaedics will pick a winner and give away a brand new iPod Shuffle! All you have to do is like the page and enter your email address to win. Share with your friends to help us get to 750 likes sooner!

[Click here for a direct link to the promotion>>](#)

Staying Healthy Even On A Busy Schedule

Schedule an Appointment!

To schedule an appointment please call 770-421-1420

For important appointment information please [click here](#).

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Download the new NSO App!

Available for FREE download by clicking the link above or searching for Non-Surgical Orthopaedics, P.C. in your iTunes app store. Our app is only compatible with Apple™ devices.



It's hard to get in shape and make the right choices when you have a busy schedule, whether that be managing your own business or taking care of your kids. When hunger strikes, sometimes it is just easier to drive-thru when you know it's not the healthiest option. Here are some tips to help all of us with a busy schedule stay on track and make the right choices.

[Continue here for full blog post>>](#)

More Than Just A Glass- Health Benefits of Water



Drinking enough water benefits more than just your thirst. Did you know that 75% of your brain is made of water, so if you are dehydrated, you are actually putting stress on your mind? Here are just a few ways that water can help you stay healthy.

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Understanding and Healing Whiplash

Understanding and Healing Whiplash



This is a condition that is often ignored because it is so misunderstood. It is relatively common and can develop due to any impact from behind while stationary. Often this is associated with a car accident. When the head rapidly moves from forward to backward, or upright to either side, it can damage the soft tissue and bone structure.

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7 Ways To Combat Your Lower Back Pain



Back pain is one of the most common medical problems, affecting 8 out of 10 people at some point in their lives. Chronic back pain is back pain lasting more than 3 months, and acute back pain lasts usually only a few days before going away on its own. If you are looking for relief from back pain, here are a few tips for relief.

[Click here to continue to full blog post >>](#)

Visit us at our new office in Canton, Georgia. Call 770-421-1420 for an appointment!

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Meet Our Physicians:



[Arnold J. Weil, MD](#)
[Anthony R. Grasso, MD](#)

Meet Our Fellow:



[Nicole Forsythe, MD](#)



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